



REGULAR EVENTS:

Service User Event

Make an appointment via our Support Team to meet with one of Herts Aid's Support Workers, Clive or Emerald during our weekly clinic based HIV support services at Sexual Health Hertfordshire clinics in Stevenage and Watford.

Watford Clinic every Wednesday between 1pm to 4pm

Stevenage Clinic every Thursday between 1pm to 4pm

(An appointment could also be made with Emma Farrell, HIV Social Worker, if required)

Public Event

Rapid HIV Testing Drop-In Every Wednesday 6pm – 8pm

Drop in for a rapid HIV test, with instant results, in our **Watford Office**

Support Direct

Our new telephone support line (starting from 27th September 2017)

01923 803440 every Wednesday between 5pm and 8pm

Can't chat during work hours, but have something on your mind?




Then call us at our Watford office where you can chat with our support team about any issues.

This service is open to service users of Herts Aid, and anyone else living with HIV in Hertfordshire

October 2017

DATE and TIME	EVENT	DESCRIPTION
Wednesday 4th October 12.30-2.30pm	<p>A Brisk Autumn Walk</p> 	<p>Come along and join our support team in a walk through local parks. Getting plenty of fresh air and our hearts pumping!</p> <p>Venue: Cassiobury Park, Watford</p> <p>All abilities welcome, please contact our support team if you wish to attend.</p> <p>This event is open to service users only.</p>



<p>Friday 6th October 7pm – 11pm</p>	<p style="text-align: center;">Bingo Night</p> 	<p>Join us for this evening of fun games and prizes. Please contact the Herts Aid office on 01920 484784 for tickets or email Stephanie@hertsaid.co.uk</p> <p>Venue: Wodson Park, Wadesmill Road, Ware SG12 0UQ</p> <p>Tickets £10.00 To include bar supper and 2 complimentary games</p> <p style="text-align: center;">This event is open to the public</p>
<p>Monday 9th October (Watford) 12pm-2pm</p> <p>Friday 27th October (Ware) 12pm – 2pm</p>	<p style="text-align: center;">Online Health Tools</p> 	<p>An afternoon focused on how to use the internet and online tools to help benefit your health. Making the internet easier and friendly to use.</p> <p>Venue: Watford Office – Monday 9th Oct Ware Office – Friday 27th Oct</p> <p>Please contact the support team if you wish to attend.</p> <p style="text-align: center;">This event is open to service users only.</p>
<p>Monday 23rd October 7pm – 9pm</p>	<p style="text-align: center;">Living Well Group</p> 	<p>Come along to this session to meet other people who have lived with HIV and are learning to live well.</p> <p>Venue: Watford Office</p> <p style="text-align: center;">Open to service users of Herts Aid and anyone else living with HIV in Hertfordshire.</p> <p>Please contact the support team if you wish to attend.</p>



Upcoming Events		
<p>Friday 10th November 12pm-2pm</p>	<p>Christmas card crafts</p> 	<p>Please come along and join us in making Christmas cards and decorations for friends, family and loved ones. Please bring any craft materials you have spare at home to make your cards extra special.</p> <p>Venue: Ware Office</p> <p>Please contact the support team if you wish to attend.</p> <p>This event is open to service users only.</p>
<p>Friday 10th November 6pm – 8pm</p>	<p>Newly diagnosed group</p> 	<p>If you are newly diagnosed with HIV in the last year or so, join us for information, and support including from a positive member of staff and other newly diagnosed with HIV.</p> <p>Venue: Ware Office</p> <p>Open to service users of Herts Aid and anyone else newly diagnosed in Hertfordshire.</p> <p>Please contact the support team if you wish to attend.</p>
<p>Tuesday 21st November 6pm – 8pm</p>	<p>Gay & Bisexual Men's Group</p> 	<p>If you are a gay or bisexual guy living with HIV then why not come along to our men-only sessions. Lead by positive peer support.</p> <p>Venue: Watford Office</p> <p>Please contact the support team if you wish to attend.</p> <p>This event is open to MSM only.</p>



<p>Friday 1st December 7.30pm -1am</p> <p>WORLD AIDS DAY</p>	<p>Herts Aid 25th Anniversary Ball</p> 	<p>Tickets £80 per person and include:- Drinks reception Canapes & two course meal (Inc 1/2 bottle wine per person) Live entertainment Auction & Grand Prize Draw Dancing 'til 1am</p> <p>Please note: Formal Dress</p> <p>Tickets can be reserved with a £20 deposit (Balance due end of September 2017) To reserve tickets, please contact:- Stephanie at Herts Aid on 01920 484784 or email stephanie@hertsaid.co.uk</p> <p>This event is open to the public.</p>
---	--	--

Out of Hours Emergency Number: 07527 372045

www.hertsaid.co.uk

Head Office, Ware
York House
45 Baldock Street
Ware
SG12 9DH
Tel: 01920 484 784

Watford Office:
Wellbeing Centre
501 St Albans Road
Watford
WD24 7RZ
Tel: 01923 803 440